


<p>Eltham Wildcats</p>	<p>Concussion Policy – Assessment and Management of Concussion including return to play protocol</p>	
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Purpose

To provide for the welfare of players, and guide coaches and Team Managers and parents in the recognition, management and treatment process of concussion - specifically including return to play, in the incidence of head injury.

Definition

Concussion is defined as force to the head or on the body that transmits force to the head commonly causing short episodes of neurological impairment. The symptoms may evolve over hours or days following injury. These are outlined in the Sport Concussion Assessment Tool (SCAT 3) as 22 possible symptoms.

Policy

Eltham Wildcats Basketball Club adopts the guidelines for assessment and management of concussion injury as outlined in the AMA/AIS joint position paper of May 2016.

If any player receives a head knock in the course of a game that requires play to stop and there is a perceived risk of concussion, the injured player is to be substituted from the game, and remain off the court for the remainder of the game.

No player with suspected concussion can return to play in the same game.

All players with concussion or suspected concussion need urgent medical assessment and this is the responsibility of the parent or guardian of the player.

Following confirmed concussion injury, a player is strongly advised to seek a medical clearance before returning to play or train. This is the responsibility of the parent or guardian of the concussed player. This is particularly important if there has been more than one concussion incident.

Management of suspected concussion information tools will be made available to parents and players via

- a. Tailored First Aid courses at our home venue,
- b. information posters at home venues and
- c. the AMA concussion pocket guide on score benches at all home venues and available online