



Baseline Drift Shooting

Drift shooting drills are perfect for game scenarios and teaching floor spacing and receiving spots.

Variations

- One dribble pull ups
- lay ups

Points of Emphasis

- Move as the ball moves
- sprint to receiver spot
- Be in stance ready to shoot before catching the ball
- Good passes

Player 1 will pass to Coach and start to sprint towards the wing.

Coach will pass ahead to 1 working on being shot ready.

On the other side, 2 is sprinting to the corner once 1 has passed to the Coach.

After catch, 1 uses either a shot fake to get downhill or immediately rips through. 1 drives downhill and makes a drift pass (Nash pass) to 2 in opposite corner for catch and shoot 3.

2 rebounds their own shot and goes to end of the line behind 4. 1 goes to opposite line behind 3.

Go for a set number of makes as a team before switching to the other side.