



Three Around The Key Passing Drill

Great drill for beginners. You can make it your own by incorporating different passes and scoring options depending on the level of players.

- Three players around three point line, rest on baseline
- Inbound pass to #1 then around the three point line to #3, follow your pass and replace spot
- #3 Dribbles in and shoots

Variations

- Bounce pass, chest pass, overhead pass, push pass, alley oop pass
- Have the #3 dribble in and shoot (lay ups/block shot/bank shot/two dribble pull/ one dribble pull up/three point shot)

Points of Emphasis

- Always pass to team mate who is looking
- Make sure all passes hit the target
- Both hands up when catching (10 fingers to the sky)



